

SAMAVEDA UPAKARMA MANTRAS 2019

In the case of Sama Veda, The upa Karma prayogam is very extensive and differs very much from the Upakarma prayoga of Rig and Yajur Vedis. They always do it in Hastha Nakshtra of the Kanya Masa. It essentially consists of ten steps in the following order

- 1.Panchagavya sammelanam
- 2.Snana Mahasankalpam
- 3.Brahmayagnam
- 4.Punyaham
- 5.Rishipooja(Uthsarjan Karma)
- 6.Deva,rishi, Pithru Tharpanam (264+12)
- 7.Ghata Poojai
- 8.Yagnopaveethadhaaranam
- 9.Vedarambam
- 10.Kankanadharanam

Naturally these have to be done with the instruction of a Guru but in modern times when people are scattered all over the world and also because well learned Sama Vedi Purohithas are very scarce, many people are forced to do it in their home depending on some handouts. Since most of the above steps are lengthy and involve proper chanting of Sama Veda Mantras,they do only three steps of the above 10. They are

- 1.Snana maha Sankalpam,
- 2,Brahma Yagnam
- 3.Yagnopaveetha dharanam

English is a very inadequate language to type out Sanskrit manthras. But I have made an effort to present the needed mantras for the above steps for the year 2019 because I feel that our youngsters are more at home in English rather than in their mother tongue or Sanskrit. Since I am not a Sama Vedin I depend for the mantras on Book published by C.Sankara TRama Sastri(1956) Sama Veda Upakrama prayoga published by Sri Balamanorama press, Madras. I have also got my typing read through and to certain extent edited by Sri.P.A.Anantharaman.I am grateful to him,

Maha Samkalpam

(2-9-2019)

a.Aachamanam, wear Pavithram.

b.Shuklam baradharam.....

c.Om bhoo

d.Maha samkalpam

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama rama

Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha
Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,
Sri Govinda , Govinda, Govinda

Aadya sri bhagawatha, Aadi vishno, Aadinarayanasya achinthyaya ,
aparimithaya, sakthyaa, briyamaanasya, mahaa jalou ghasya madhye,
Paribrhama maanaanam aneka koti brhmaandanam madhye, eka
thame,avyaktha mahadahankara pruthivya aptejo vayvakaasaa
ahankaradhii -aavaranair- aavruthe- asmin mahathi bramanda-karanda-
madale- aadhara sakthi – aadhi koormaa nandathi ashta diggajopari
prathishtithasya uparithale -Sathyadhi loka shadkasya adho bhage, mahaa
nalayamana phani raja seshasya sahasra phanaa mani mandala
mandithe, lolaalokachalena parivruthe-dighdanthi-shunda dhanda-
uttambhithe, lavaneshu suraa sarpee dhadhee dugdha sudhodhakrnavii
parivruthe , jambhu-plaksha-saka-salmali-kusa-krouncha-pushkarakhya
saptha dweepa dheepithe, Indra dheepa kaseru thamra gabhasthi naga
soumya gandharwa chaarana bharathakhya nava gandathmake -Maha
meru giri karnakopetha maha saroruhayamana pancha sath koti yojana
vistheerna bhoo mandale- sumeru nishadha hemakoota himachala
malyavath pariyathraka gandhamadhana kailasa vindhyachaladhi, maha
shailadhishtithe, Lavana Samudhra mudhrithe, Bharatha Kimpurusha Hari
Ilavrutha Ramyaka Hiranmaya KuruBhadrascha Kethumalakhya nava
varshopashobithe, , Jamboo dweepe, Bharatha varshe, bharatha kande,
Mero Dakshine Parswe, Karma Bhoomou - Swamyavanthii kuru
kshethraadhi sama bhoo Madhya rekhaya poorva dig Bhage,
Vindhachalasya Dakshina dig Bhage , Dandakaranye , Sakala Jagat Srushta
parardha dwaya jeewino Brahmana Pradhame Parardhe Pancha
sadhabdhatmike Aatheethe, Dwitheeya parardhe, Panchasadabdhou,
Pradhame Varshe, Pradahme mase , Pradhame Pakshe, Pradhame divase,

AAhani dwitheeye yame , tritheeye muhurthe, swayambhuva-swarochisha-
uthama-thamasa-raivatha-chakshuhakheshu, shatsu manusha
vyatheetheshu, sapthame vaivaswatha manvanthare, aashta vimsathi
thame, varthamane kali yuge, prathame padhe, , Shalivahana shakabdhe,
Chanrda savanna souradhi maana bramithe , prabhavaadheenam sashti
samvatsaranaam madhye , Vikari nama samvatsare, Dakshinaayane,
Varsha rithou, Simha mase, Shukla pakshe,
aadhya CHathurthyam * shubha thidou, Indhu vasara
yukthayam, hastha ** nakshatra yukthayam, shubhayoga, shubha karana
evam guna, viseshana visishtaayam, asyam Chathurthyam * shubha
thidou, Sarva Papa Harana nipuna sri Parameswara
preethyartham, Anaadhya vidhyaa vaasanaya pravarthamane , Asmin
mahathi Samsara Chakre, Vichithrabh karma gathibhi-
vichithrasu yonishu , puna punaranekadha janithwa, Kenaapi punya
karma viseshena idhaaneentha maanushye dwija janma visesham
prapthavatho mama, iha janmani poorva janmasu maya
kruthaanam brahma hathyadhi -swarnaastheya –suraapana-
guruthalpagamana,- maha pathaka chathushtaya, vyatheerikthaanaam ,
thath samsargaanaam, theshaam pathakanaam,
nikshipthaya, saranaagathaaya, , pathivruthaya sangama
nimithanam, nishidha sashtraabhi gamanaadheenaa, vidwad brahmana
pankthi bhedhacharana , vaardhakee -vidhawa vesya vrushalyaadhi
samsarga nimithaanaam, balye vaysi kaumare youvane vaardhake,
jagrath swapna sushpthyavasthasu, mano vaak kaya karmendriya
vyapaarai, jnanendriya vyapaaraischa, samsarga nimithaanaam, bhooyo
bhooyo aabhyasthanaam, thathra thathra garbhothpathi nimithanaam,
thath saha bhojana thad uchishta bhakshana, aswa yoni, paswadhi
yoniretha skhalitha nimithaanam, govadha paswadhi prani vadha
nimithaanam, sthree shoodhra vita kshatriya vadha nithaanaam,
aayuktha lavana pakvanna madhu ksheera thila thaila maama moola
phala ,
saaka raktha vasa suvarna, kambalaadhi vikraya nimithaanaam, aswadhi
vahana , ikshu kanda dathana, paraapavaadana, bradhakadhyapana, asad
prathi grahana, vrukshschedana, dhaanya roupya pasustheya, vaardushi
karana shudhra seva, shudra preshya , heena jathi prathigraha, heena
sakhya, pankthi bhedana, paka bhedana, paraa anna bhojana, asachasthra
lapa, pramadhi kara, matadhikara, pourohithya, pareeksha paksha pathaka,
thatakaarama vikraya, thataka vichedhanadhi sama paathakaanaam,
jnantha sakruth kruthaanaam, aajnatha asakruth
kruthaanaam, jnanatho aajanathaascha

abhyashaanam, athyanthabhyasthaanam,
nirantharabhyasthaanaam, sankari karanaanaam, malini karananaam,
aapathri karanaanaam, jathi bramasa karanaanam,
aavihitha karamaacharana, vihitha karma thyagaadheenaam,
prakeernikaanaam upa pathakaanaam, maha pathakaanaam, aathi
paathakaanaam, evam navaanam nava vidhaanaam, bahoonam
bahuvidhaanaam sarveshaam papa namapanodhana dwara,
aayajya yaajanaasath prathi grahaa bakshya bhakshanaa bhojya bhojanaa
peya paanaadhi samastha papa kshyartham,
aswatha narayana sannidhou-deva brahmana sannidhou-tryaa trimsath
koti devathaa sannidhou-sri visaalakshi sametha visweswara swami
sannidhou-mahaa ganapathi sannidhou-seetha lakshmana bharatha
sathrugna-hanumat samedha sri rama chandra swmai sannidhou-sri
rukmani sathyabhama samedha sri gopala Krishna swami sannidhou-hari
hara puthra swami sannidhou-sri lakshmi narayana swami sannidhou
Mama samastha papa kshyartham proshta padhyam hastharshe adhya yoth
sarjana karmangam maadhyahnika snaanamaham karishye,
maadhyahnika snaanamaham karishye.

Aathi kroora maha kaya kalpantha dahanopama,
Bhairavaya namasthubhyam aanugnaam dhathu marhasi.

Durbhojana duraalaapa dush prathigraha sambhavam,
Paapam hara mama kshipram sahyakanye namosthute.

Triraathram jahnavi theere pancha rathram thu yaamune,
Sadhya punathu kaaveri papa maamaranthikam.

Ganga gangethi yo brooyaadh yo janaanaam shatai rapi,
Muchyathe sarva paapebhyo Vishnu lokam sa gachathi. (take bath thus)

After bath (Nowadays people only take Sankalpa Snanam by sprinkling
water)

take Pancha Gavyam chanting

Yathavagasthi gatham papam dehe thishtathi maamake,
Praasanam pancha gavyasya dahathwagni rivendanam.

Take bath again, wear dry cloths, put on caste marks, do regular daily duties and then do Brahma Yagna.

*Chathurthi is up to 1.55 on 03-9-2019 afterwards Panchami Hastha Nakshatra is up to 8.33 am on 2-9-2019 , afterwards CHithra Nakshatra. Change according to your local time after comparing it to IST. The Avani avittam for Sama Vedis has to be done in Hastha Nakshatram.

Summary meaning: Here again apart from locating oneself with reference to time , one locates himself with reference to place also. We are supposed to live in Jambu Dweepa, Bharatha Kanda which is south of the great mountain Maha meru. Then again this Bhasratha Kanda is blessed with many holy rivers and holy places. Then prayer is done to God to pardon sins committed by word, thought and deed, because this was done inspite of his great grace which made us be born as human beings after several wheels of birth. Also the sins performed during several ages in life is highlighted. Some of the sins specifically mentioned are those done while earning money without conscience, giving money to improper people, actions which did not suit the caste we are born in, cutting of tree, spoiling a lake , trading of several banned commodities such as salt , blanket, meat, root , fruit etc, sins due to non performance of actions which ought to have been done and so on. We pray God and tell him that we would take bath in holy pure water and then start the veda parayanas which is our duty as a Brahmin.

2. Brahma Yagnam.

Perform Achamanam

Face eastern direction and do “Shuklam baradaram....” Followed by pranayamam “om Bhoo...”

Mamopatha samastha duritha kshya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshye.

Chant and clean the hands with water

Vidhyudasi paapmanam vidhya me paapmanam amruthath Sathya mupaime

And then chant

Om Bhorbavassuva

Om tatsa vithurvarenyam.

Om Bhargo devasya Dheemahi

Om Dhiyo yona prachodayath

Om Tatsa vithurvarenyam Bhargo devasya dheemahi
Om Dhiyo yona prachodayath

Om Bhoo, Om Bhuva, Om Suva, Om Sathyam, Om Purusha

Om Bhoo, bhoo., hoi bhoo, Hoi bhoo Haa aavu vaa a, suvarjyothi aa

Om Bhuvaa, Bhuva, Hoi Bhuva, Hoi Bhuva, Haa aavu vaa a, suvarjyothi aa

Om Suvaa, Suva, Hoi Bhuva, Hoi Bhuva, Haa aavu vaa a, suvarjyothi aa

Om Sathyam, Sathyam, Hoi Bhuva, Hoi Bhuva, Haa aavu vaa a, suvarjyothi
aa

Om Purushaa, Purusha, Hoi Bhuva, Hoi Bhuva, Haa aavu vaa a, suvarjyothi
aa

Om Thatsa vithurvarenyam, bhargo devasya dheemahi, dhiyo yoo na
Pracho aa, him, dhayo Aaa aa,

Om Agnimeele purohitham Yagnasya Dheva mruthvijam, hotharam
Rathna Dhatamam

Om Ishe Tworje Thwa, vayavasthapayavastha Devo vassavitha prarpayathu
sreshtathamaya karmane

Om Agna Aayahi veethaye grunano havyadathaye, ni hotha sadhsi
bharhishi

Om sanno devirabheeshtaya Aapo peethaye sam yorabhisravanthu na

Sprinkle water round the head by reciting

Sathyam Thapa sradhayam juhomi

Recite three times with folded hands

Om namo brahmane namosthwagnaye nama pruthwyai nama
oshadheebhya namo vaache namo vaachaspathaye namo vishnave
bruhathe karomi.

8. Clean the hands again with water by reciting “vrushtirasi vruschame
paapmanamamruthath sathyamupaaga”

Devarshi Pithru tharpanam Karishye

9. Do deva tharpanam through the tip of fingers

1. Bramodaya ye deva than devaan tharpayami
2. Sarvaan devaan tharpayami
3. Sarva deva ganaan tharpayami
4. Sarva deva pathnis tharapayami
5. Sarva deva ganapathnis tharpayami
6. Sarva deva puthaam stharpayami
7. Sarva deva gana puthamstharpayami

10. Do rishi tharpanam(each twice) by wearing yagnopaveetha as garland and pouring out water from the little finger

1. Krishna dwaipayana ye rishaya than rishin tharpayami
2. Sarvaan risheen tharpayami
3. Sarva rishi ganaan tharpayami
4. Sarve rishi pathnis tharpayami
5. Sarva rishi gana pathnistharpayami
6. Sarva rishi puthramstharpayami
7. Srava rishi gana puthramstharpayami

11. Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

1. Rig vedam tharpayami
2. Yajur Vedam tharpayami
3. Sama Vedam tharpayami
4. Atharva Vedam tharpayami
5. Ithihasa puranam tharpayami

12. Only those who have lost their father (others go to step 13) do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger(thrice).

1. Soma pithruman yamo angiraswan agni kavyavahana ithyadaya ye pithara

- thaan pithrun tharpayami,
2. Sarvaan pithrun tharpayami
3. Sarva pithru ganam tharpayami
4. Sarva pithru pathnistharpayami
5. Sarva pithru ganapanthnistharpayami

6.Sarva Pithru puthrastharpayami

7.Sarva pithru gana puthraastharpayami

8.oorjam vahanthi amrutham grutham paya keelaalam

parisruiyatham

swadaastha tharpayatha me pithrun

13.Put the Yagnopa Vita in the Normal fashion and do Achamanam

Brahma yagnam(sacrifice to Brahma) is the oblation offered to satisfy Devas, Rishis(sages) and Pithrus(ancestors). It is supposed to be performed daily after Madhyannikam, But nowadays it is done mainly on avani avittam days.

3.Yagnopa veetha dharana manthra

(Manthra for wearing Poonal)

a.Achamanam:Shuklaam Bharadharam..... Santhaye

b.Om Bhoo.....Bhoorbhavaswarom

c.Mamo patha samastha duritha kshya dwara sri paameshwara
preethyartham

Sroutha smartha vihitha sadachara nithya karmaanushtanaa yogyatha
sidhyartham brhma teja abhivrudyartham yagnopaveetha dharanam
karishye.

d.Yagnopaveetha dharana maha manthrasya

Parabrhma rishi(Touch forehead)

Trushtup chanda (touch below nose)

Paramathma devatha (touch heart)

e.Yagnopaveetha dharane viniyoga

Wear Poonal one by one by reciting(poonal should be held by both hands, the tie in the poonal being held above by the right hand facing upwards)

Yagnopaveetham paramam pavithram praja pathe,

Yat sahajam purasthad aayushyam

Agriyam prathi muncha shubram yagnopaveetham balamasthu theja.

f.After wearing all poonals one by one do Achamanam

g.Remove the old poonals and break them to pieces by reciting

Upaveetham bhinna thanthum jeernam kasmala dooshitham, visrujami jale punarbrahman varcho deergayurasthu me.

h.Do aachamanam.

Summary meaning: I wear the white yagnopavitha that is purifying , which was born along with brahma, which is capable of increasing life .I am sure this would give glory and strength to me.I am destroying the dirty , soiled yagnopavita .

6.Gaayathri japam (8-8-2017)

For Yajur, Rig and Sama Vedis given seperately

Appendix Brahma Yagnam.

Perform Achamanam

Face eastern direction and do “Shuklam baradaram....” Followed by pranayamam “om Bhoo...”

Mamopatha samastha duritha kshya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshye. Chant and clean the hands with water

Vidhyudasi paapmanam vidhya me paapmanam amruthath Sathya mupaime

And then chant

Om Bhooo tatsa vithurvarenyam

Om Bhuva Bhargo devasya Dheemahi

Ogum suva Dhiyo yona prachodayath

Om Bhooo Tatsa vithurvarenyam Bhargo devasya dheemahi

Om Bhuva Dhiyo yona prachodayath

Ogum Suva Tatsa vithurvarenyam Bhargo devasya Dheemahi Dhiyo

yona prachothayath

Chant Vedic manthras

Om Agnimeele purohitham Yagnasya Dheva mruthvijam, hotharam Rathna Dhathamam

Om Ishe Twoje Thwa vayavasthapayavastha Devo vassavitha prarpayathu sreshtathamaya karmane

Om Agna Aayahi veethaye grunano havypadathaye, ni hotha sadhsi bharhishi

Om sanno devirabheeshtaya Aapo peethaye sam yorabhisravanthu na
After this recite if possible vedic manthras that you know like Rudram,
Chamakam etc

Sprinkle water round the head by reciting
Sathyam Thapa sradhayam juhomi

Recite three times with folded hands
Om namo brahmane namosthwagnaye nama pruthwyai nama
oshadheebhya namo vaache namo vaachaspathaye namo vishnave
bruhathe karomi.

8.Clean the hands again with water by reciting “vrushtirasi vruschame
paapmanamamruthath sathyamupaaga”

Do aachamanam

Chant “shuklam baradaram....”

Do Pranayamam, “om Bhoo...”

Mamopatha samastha duritha kshaya dwara sri parameshwra
preethyartham deva-rishi-pithru tharpanam karishye.

Touch water and clean your hands

Do deva tharpanam through the tip of fingers

- 1.Bramodaya ye deva thaana devaan tharpayami
- 2.Sarvaan devaan tharpayami
3. Sarva deva ganaan tharpayami
- 4.Sarva deva pathnis tharapayami
- 5.Sarva deva ganapathnis tharpayami

13, Do rishi tharpanam by wearing yagnopaveetha as garland and
pouring out water from the liitle finger

- 1,Krishna dwaipayanaya ye rishaya thaana rishin tharpayami
2. Sarvaan risheen tharpayami
- 3.Sarva rishi ganaan tharpayami
4. Sarve rishi pathnis tharpayami
- 5,Sarva rishi gana pathnistharpayami
6. Prajapathim kanda rishim tharpayami
7. Somam kanda rishim tharpayami
8. Agnim kanda rishim tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of
fingers

9. Viswan devan kanda rishin tharpayami
10. Samihithir devatha upanishada tharpayami

11. Yagnigir devatha upanishada tharpayami

12. Varuneer devatha upanishada tharpayami

Put the Yagnopaveetham and pour water by towards the left

13. Havyavaham tharpayami

14. Viswaan devaan kanda rishin tharpayaami

Pour water by the bottom of the palm towards self

15. Brahmanam swayambhuvam tharpayami

16. Viswan devan kandarishin tharpayami

17. Arunan kandarishin tharpayami

Put the Yagnopaveetham in normal fashion and pour water from the tips of fingers

18. Sadasaspathim tharpayami

19. Rig vedam tharpayami

20. Yajur Vedam tharpayami

21. Sama Vedam tharpayami

22. Atharvana Vedam tharpayami

23. Ithihasa puranam tharpayami

24. Kalpam tharpayami

14. Only those who have lost their father (others go to step 15) do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger.

1. Soma pithruman yamo angiraswan agni kavyavahana ithyadaya ye pithara

thaan pithrun tharpayami,

2. Sarvaan pithrun tharpayami

3. Sarva pithru ganam tharpayami

4. Sarva pithru pathnistharpayami

5. Sarva pithru ganapathnistharpayami

6. oorjam vahanthi amrutham grutham paya keelaalam

parisruyatham

swadaastha tharpayatha me pithrun trupyatha, trupyatha,

trupyatha

7. Aabrahma sthambha paryantham jagat trupyathu

15. Put the yagnopaveetha in the normal fashion

Pour water saying Om That sat Brahmarpanamasthu

And then do aachamanam.

Brahma yagnam (sacrifice to Brahma) is the oblation offered to satisfy Devas, Rishis (sages) and Pithrus (ancestors). It is supposed to be performed daily after Madhyannikam, But nowadays it is done mainly on avani avittam days.

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