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The Mantras for Rig Veda Upakarma procedure 2018

Gayatri Japam 2018 date is August 27. And check out [Gayatri Japam Mantras](#) here for 2018..

(For 15 years , I had been putting the for the rig Vedis, the same collection of Manthras like Yajur vedis. Being a Yajur vedi , I have seen the rig Vedis also doing the same rituals as Yajur Vedis. A learned Gentleman from Madras viz Sri Mani Narayan wrote to me that the manthras , I was giving was wrong and the correct manthras are available in a book by Seri L.Anantha Narayana Sastri and published by R.S.Vadhyar, Palakkad. Three years back I got the book, To my surprise I found all the rituals before Mahasankalpa were Pujas and Homas, which cannot be performed without the help of the learned priest. They are

- 1,Vighneswara Pooja
- 2.Sankalpa Punyahavachanam
- 3.Aghni Mukham
- 4.Veda Vyasa Pooja
- 5.Pradhana AAjyaa hoothaya
- 6,Pradhana Charu homa
- 7.Uthsarjanarthe Veda Aarambh
- 8.Home sesha

The Kanda Rishi Tharpanam of the Yajur Vedis is to be replaced by A very elaborate Deva – Rishi –Tharpanam , which is again is followed by Gayathri Homa and Veda Aramba, Since I was trying to give Manthras for people who cannot get help of Vadhyars , I am giving below, Yajnopavitha Dharana Manthra, Mahasankalpam and Deva Rishi Pithru Tharpanam , followed by Brahma Yagna and the Gayathri japa manthras for the 27-8-2018. I am an ignoramus and so if I have committed any errors, please pardon me. My thanks for several of my friends who responded for my request for clarification on Rig Veda Upakarmam)

- 1.Yagnopa veetha dharana manthra

(Manthra for wearing Poonal)

- a.Aachamanam:Shuklaam Bharadharam..... Santhaye
- b.Om Bhoo.....Bhoorbhavaswarom
- c.Mamo patha samastha duritha kshya dwara sri paameshwara preethartham

Stroutha smartha vihitha sadachara nithya karmaanushtanaa yogyatha sidhyartham brhma teja abhivrudyardham yagnopaveetha dharanam karishye.

- d.Yagnopaveetha dharana maha manthrasya

Parabrhma rishi(Touch forehead)

Trushtup chanda (touch below nose)

Paramathma devatha (touch heart)

e.Yagnopaveetha dharane viniyoga

Wear Poonal one by one by reciting(poonal should be held by both hands, the tie in the poonal being held above by the right hand facing upwards)

Yagnopaveetham paramam pavithram praja pathe,

Yat sahajam purasthad aayushyam

Agriyam prathi muncha shubram yagnopaveetham balamasthu theja.

f.After wearing all poonals one by one do Aachamanam

g.Remove the old poonals and break them to pieces by reciting

Upaveetham bhinna thanthum jeernam kasmala dooshitham, visrujami jale punarbrahman varcho deergayurasthu me.

h.Do aachamanam.

Summary meaning: I wear the white yagnopavitha that is purifying , which was born along with brahma, which is capable of increasing life .I am sure this would give glory and strength to me.I am destroying the dirty , soiled yasnopavita .

There is no Kamakarsheth Japa prescribed for those who follow Rig veda

3.Maha Sankalpam

(25-8-2017 after Madhyaanikam and Brahma yagnam@)

a.Aachamanam

b.Shuklam baradharam.....

c.Om bhoo

d.Maha sankalpam

Apavithra pavithro vaa sarvaavasthaam gathopi vaa , ya smareth pundari kaksham, sabahyanthara suchi , manasam vaachikam paapam , karmanaa

Samuparjitham, sri Rama smaranenaiva vyopahathi na samsaya .Sree rama Rama rama

Tidhir Vishnu, Tatha vaara, nakshatram Vishnu reva cha

Yogascha karanam chaiva sarvam Vishnu mayam Jagat ,

Sri Govinda , Govinda, Govinda

Aadya sri bhagawatha, Aadi vishno, Aadinarayanasya achinthaya , aparimithaya, sakthyaa, briyamaanasya, mahaa jaloughasya madhye,

paribrhamatham aneka koti brhmaandanam madhye, eka thame, prithya aptejo vayvakaasaa ahankaradhi -mahada vyakthai-aavarana- aavruthe- asmin mahathi bramanda-karandaka-madhye

aadhara sakthi –koormaa nandathi ashta diggajopari prathishtithasya , athala-vithala-suthala-rasaathala-thalaa thala-mahaathala-pathalakyai loka saptakasya upari thale, punya kruthaam nivaasabhuthe bhoor –bhuvan-suvar-mahar-janarr-thapa-satyaakhyai loka shatkasya adho bhage mahaa nalayamana phani raja seshasya sahasra phanaa mani mandala mandithe, dighdanthi-shunda dhanda-uttambhithe, panchasath koti yojana vistheerne, lokaloka –achalena valayithe lavaneshu-sura-sarpi-dhadhi-ksheera-udakaarnavischa parivruthe, jambhu-plaksha-saka-salmali-kusa-krouncha-pushkarakhya saptha dweepanaam madhye, Jamboo dweepe, Bharatha varshe, bharatha kande, prajaapathi kshetre dandakaaranya-chamapakaaranya-vindhyaaranya-veekshaaranya-vedaaranayaadhi, aneka punya aaranyaanam Madhya pradeshe, karma bhoomou, rama –sethukedharayoo madya pradaeshe , Bhaageerathi-Gouthami-Krishna veni-Yamuna-Narmadaa-Thungabadhraa-Triveni-Malaapahaarini-kaveri- ithyadi , aaneka punya nadhi viraajithe, Indraprastha-Yamaprastha-Aavanthikaapuri-Hasthinaapuri-Ayodhyaa puri-Maayaa puri-Kasi puri-Kanchi puri-Dwarakaa aadi aneka punya puree viraajithe Sakala jagat srushta, parardha dwaya jeevana, bramana dweethiya parardhe, Pancha sathabdhou, prathame varshe, prathame mase, prathame pakshe, prathame divasae, aahni, dweethiye yame, trithiye muhurthe, swayambhuvaswarochisha-uthama-thamasa-raivatha-chakshu shaksheshu, shatsu manusha atheetheshu, saptame vaivaswathe manvanthare, aashta vimsathi thame, kali yuge, prathame padhe, Jamboo dweepe, Bharatha varshe , Bharatha kande, Mero dakshine parswe. Asmin varthamane , vyavaharike prabhavaadheenam sashtya samvatsaranaam madhye

vilambi nama samvatsare, Dakshinaayane, varsha rithou, simha mase, Krishna pakshe, aadhya Chaththudasyam shubha thidou, mandha vasara yukthayam, Sravana ** nakshatra yukthayam, shubhayoga, shubha karana evam guna, viseshana visishtaayam, asyam Chathurdasyam shubha thidou ,

anaadhya vidhya pravarthamane asmin mahathi samsara chakre vichitrabhi karma gathibhi vichitrasu yonishu puna puna anekadha janithwa kenapi punya karma viseshena idhaanimthana manushye dwijanma visesham prapthavatho mama jjanmabhyasa jjanama prabruthi ethath kshana paryantham , baalye, vayasi kaumare yowane vaardhake cha jagrath swapna sushupthya avasthamsu mano vak kaya karmendriya jnanendriya vyaparai kama-krodha-lobha-moha-madhamathsaryaadhi sambhavithaanam iha janmani janmanthare cha jnana ajnana kruthaanam maha pathakanaan mahaa patathakanumanthratwadeenam , samapathakaanaan upapaathakaanaan malini karanaanam nindhitha dhana dhaano upa jeevanaadeenam aapathrikananaanam jathi bramsa karaanam vihitha karma thyaagaaadeenam jnanadha sakruth kruthanaanam ajnanatha asakruth kruthaanam sarveeshaam papaanam sadhya aapanodhanartham

aswatha narayana sannidhou-deva brahmana sannidhou-tryaa trimsath koti devathaa sannidhou-sri visaalakshi sametha visweswara swami sannidhou-mahaa ganapathi sannidhou-seetha lakshmana bharatha sathrugna-hanumt samedha sri rama chandra swmai sannidhou-sri rukmani sathyabhama samedha sri gopala Krishna swami sannidhou-hari hara puthra swami sannidhou-sri lakshmi narayana swami sannidhou sraavanyaam TRayodasyam adhyothesarjana karmaangam avabrutha snanam aham kaishye

Athi krura maha kaya, kalpanthahanopama,

Bairavaya namasthubhyam anujnam dathu marhasi

@ Brahma Yagna Manthras are given at the end. <https://hindupad.com/>

*Chathurdasi is up to 3.17 pm on 25th august 2018 and afterwards Pounamasyam ,
Sravana Nakshatra is up to 9.50 Am on 25-8-2018 afterwards Sravishta Nakshatram up to 12,34
pm on 26-8-2018)

Summary meaning: Here again apart from locating oneself with reference to time , one locates himself with reference to place also. We are supposed to live in Jambu Dweepa, Bharatha Kanda which is south of the great mountain Maha meru. Then again this Bhasratha Kanda is blessed with many holy rivers and holy places. Then prayer is done to God to pardon sins committed by word, thought and deed, because this was done inspite of his great grace which made us be born as human beings after several wheels of birth. Also the sins performed during several ages in life is highlighted. Some of the sins specifically mentioned are those done while earning money without conscience, giving money to improper people, actions which did not suit the caste we are born in, sins due to non performance of actions which ought to have been done and so on. We pray God and tell him that we would take bath in holy pure water and then start the veda parayanas which is our duty as Brahmin.

3. Yagnopa veetha dharana manthra

After bath again change poonal by reciting manthra as given in s.No.1. Please note that now a days very rarely people take bath after mahaa sankalpam but do prokshana snanam i.e bath by sprinkling of water on the head.

4. Deva Rishi Pithru Tharpanam

1. Shuklambaradaram Vishnum , saivarnam chathur bujam,

Prasanna vadanam dhayayeth , Sarva Vighna upasanthaye.

2. Om Bhoo

3. Mamopartha samastha duritha kshayam dwara , sri parameswara preethyartham ,
aadyoyaathsarjjana karmangam ,

Deva , rishi THarpanam karishye (For people having father living),

Deva , rishi , Pithru , tharpanam Karishye (For people whose father is no more.)

3. Deva Rishi Pithru Tharpanam

4. With Yagnopavita on left shoulder (Upavitha) one tharpanam from tip of fingers

1. SAVithrim Tharpayami ,

2. Brahmaanam Tharpayami

3. Sradham Tharpayami

4. Medham Tharpayami

5. Praajnaam Tharpayami

6. Dharanaam tharpayami

7. Sadasaspathim Tharpayami

8. Anumathim Tharpayami

9. Chandamsi risheen tharpayami <https://hindupad.com/>

1. With Yagnopavita on Left shoulder (Upveethi), one tharpanam through tip of the fingers

1."Agnimeele Purohitham Yagnasya deva mruthveejam hothaaram rathna dhathamam " Agnim Tharpayami

(The manthra within inverted commas is the rik. According to rules these tharpanams are to be done with chanting the rik . But if the custom of your family, is not to chant the rik, please chant only "Agnim Tharpayami")

2."Kushumbakasthadha braveedh giree pravarthamaanaka vruschikasyaarasam vishamarasam Vruschika thee visham" apthyaana suryaan tharpayami

3."Thwam agne dhybhi sthwa maa susukshaani stwamadh bhya stham asmana pari , thwam vanebhya sthwam oshadheebhya , sthwam nrunaam nrupathe jayase suchi" agnim tharpayami

4."aavadhgasthwam sakune badhramavadha thushnemaaseena sumathim chikuidhi na , yadath padan vadasi karkareeryadhaa bruhathadhema vidhadhe suveeraa" sakuntham tharpayami

5."Somasya maa thavasam vakshyagne vahnim chakrtha vidhadhe yajadhyai devaa achaa dheedhya dhyagne adhrim samaa ye agne thanwam jushaswa "Agnim tharpayami

6."Grunaanaa jamadanina yonaa vruthasya seedhatham somamruthaavrudhaa " Mithravarunou Tharpayami.

7."thwam hyagne sadamith samanyavo devaaso devamarathimn nyorira ithi kruthwaa ntyoriree .Amarthyam yagnamarthyeshwaa devamaa devam janatha prechethasam Viswamadevam janatha prachethasam " Agnim tharpayami.

8."Dhamanthe viswam bhuvana madhi sritha mantha samudhre hrudhya antharaayushi apamaaneeke samidheya abruthasthama shyama madhumantham tha oormim" apa tharpayami

9."Abodhyagni budhagavishti ravagni sthrishtyup uthsa ga abodhyagni samidhaa janaanaam prathi dhenum mivayathi mushaasaam yahwaa iva pravayaamujjihaanaa prabhanavaa sisrathe naka macha" agnim tharpayami

10."ganthano yagnam yagniyaa susami srotho havamaraksha yevayaa maruth , jyeshtaaso na parvathaaso vyomani yooyam thasya prachethasaa syatha dhurdhatha vo nidha " Marutha tharpayami

11."Thwaam hyagne pradhama moanatha asyaa dhiyo abhavo dasma hothaa . thwam seem vrushanna krunor dhishta reethu saho viswasmai sahase sahadhyai " agnim tharpayami

12."yon a swo aranoo yascha nishtyo jigaamsathi devaastham sarvee dhoorvanthu brahma varme mamantharam " devaan brahma tharpayami.

13." Agnim naro dheedhithibhiraranyor hastha chyoothi janayantha prasastham . dhoore drusam gruhapathi madharyoom " Agnim tharpayami

14."Prathi chakshwa vichakshendrascha soma jaagrutham rakshobhyo vadamasyathamanim yathumadhbhya" indra somou tharpayami

15."Ma chaidhanyadhwisamsatha sakhaa yo maa rishanyatha indramith sthotho vrushanam sachasute muhurkdhha cha samsathas" Indram tharpayami.

16."aagneyaahi maruthsakhaa rudrebhi soma peethaye sobharyaa upasushtyathimn madhayaswa swarnare" Agna marutha tharpayami

17."swadhishtayaa madhishtayaa pavaswasoma dharayaa indraaya pathave sutha", pavamana somam tharpayami.

18."Yathe rajajnacrutham havisthena somabhiraksha na , araatheeva maa nasthareenmochana kinchanamamadhiriyaondho parisrava " pavamana somam tharpayami .

19."agre brahunnashasaamoordhwo asthanirjaganwaan thamaso jyothishaa aagath , agnir bhanunaa rusathaa swanga aa jatho visou sadhmaanyapraa" Agnim tharpayami

20."samaanee va aakoothi ssamaanaa hrudayaani va samanamasthu vo mano yadhaava ssushaasathi " samjnanam tharpayami

21."Thachamyoraa vruneemahe gathum yajnaayaa gathum yajnapathaye daivee swasthirasthuna swasthr manushebhya oordhwam jigathu bshajam sanno asthu dwipadhe sam chaushpade" Viswaan devan Tharpayami

Iii. Deva tharpanam

With Yagnopavita on Left shoulder(Upveethi), one tharpanam through tip of fingers

1.Prajapthi sthrupyanthu

2.Brahma sthrupyanthu

3.Vedaa sthrupyanthu

4.Devaa sthrupyanthu

5.Rushyaa sthrupyanthu

6.Sarvaani chandaamsi sthrupyanthu

7.Omkaara sthrupyanthu

8.Vashatkara sthrupyanthu

9.Vyaahruthaya sthrupyanthu

10.Savithri sthrupyanthu

11.Yajnaaa sthrupyanthu

12.Dhwa pruthwi sthrupyanthu

13.Anthareeksham sthrupyanthu

14.Ahoraathraani sthrupyanthu

15.Saankhyaa sthrupyanthu

- 16.Sidhaa sthrupyanthu
- 17.SAmudraa sthrupyanthu
- 18.Nadhya sthrupyanthu
- 19.Girayaa sthrupyanthu
- 20.Kshet5hra oushadhi vanaspathi Gandharwaa apasrasa sthrupyanthu
- 21.Nagaa sthrupyanthu
- 22.Vayaamsi sthrupyanthu
- 23.Gaavaa sthrupyanthu
- 24.Saadhyaa sthrupyanthu
- 25.Vipraa sthrupyanthu
- 26.Yakshaa sthrupyanthu
- 27.Rakshaamsi Trupyanthu
- 28.Bhoothani Trupyanthu
- 29.Yevamathani Trupyanthu

Iv. Rishi Tharpanam

Wearing Yagnopavita as Garland(Niveethi) , Two times water has to be offered from the centre of the palm

- 1.Satharchinaa strupyanthu
- 2.Maadhyamma strupyanthu
- 3.Gruthsamadha strupyanthu
- 4.Viswamithra strupyanthu
- 5.Vamadevaa strupyanthu
- 6.Athri strupyanthu
- 7.Bharadwaja strupyanthu
- 8.Vasishtaa strupyanthu
- 9.Pragaadhaa strupyanthu
- 10.Pavamaanaa strupyanthu
- 11.Kshudrasukthaa strupyanthu
- 12.Mahaa sukthaa strupyanthu

V.Aacharya tharpanam (Yagnopasvitha on right shgoulder(Prachina vidhi)

Three tharpanam every time water to go in between thumb and the palm.

- 1.Sumathu Jaimini Vaisampayana Paila Suthra Bhasya Bharatha Mahabharatha Dharmaacharaa strupyanthu
 - 2.Jaananthi Baahavi Gaargya Gowthama Saakalya Bhaabravyaa , Mandavyaa Mandukeya strupyanthu
 - 3.Gaargi vaachakavi Thrupyathu
 4. Badavaa Praathideyi thrupyathu
 - 5.Sulabhaa Maithreyi thrupyathu
 - 6.Kaholam tharpayami
 - 7.Kousheethakam tharpayami
 - 8.Maja Kousheethakam tharpayami
 - 9.Paingyam tharpayami
 - 10.Maha paingyam tharpayami
 - 11.Suyagnam Tharpayami
 - 12.Sankyayanam tharpayami
 - 13.Aithareyam tharpayami
 - 14.Maha aithareyam tharpayami
 - 15.Saakalam tharpayami
 - 16.Bhashkalam tharpayami
 - 17.Sujatha vakthram tharpayami
 - 18.Oudhavahim tharpayami
 - 19.Maha oudhavahim tharpayami
 - 20.Soujamim tharpayami
 - 21.Sounakam tharpayami
 - 22.Aaswalaayanam tharpayami
- Vi. Pithru tharpanam (Yagnopasvitha on right shgoulder(Prachina vidhi)
- Three tharpanam every time water to go in between thumb and the palm.
- 1.Pithrun Swadhaa namastharpayami
 - 2.Pithamahaan Swadhaa namastharpayami
 - 3.Prapithamahaan Swadhaa namastharpayami
 - 4.Mathru Swadhaa namastharpayami
 - 5.Pthamahi Swadhaa namastharpayami

6.Prapithamahi Swadhaa namastharpayami

7.Mathamahaan Swadhaa namastharpayami

8.Mathu pithamahaan Swadhaa namastharpayami

9.Mathu prapithamahaan Swadhaa namastharpayami

10.Matha mahi Swadhaa namastharpayami

11.Mathu pithamaha Swadhaa namastharpayami

12.Mathu prapithamaha Swadhaa namastharpayami

13.Yathra kwachana samsthaanaam kshuth trushnopahathathmanaam ,

Bhoothaam trupthaye thoyam idhamasthu yadha sukham trupyatha, trupyatha , trupyatha

Wear Yagnopaveetha on the left shoulder , do Aachamanam

And

Saying “Om That'sath Brahmaarpanamathu “ pour out little water

5.Vedarambham

Though these are essential part of Avani avittam , I am not giving this because Vedic manthraas are very difficult to transliterate in to English and reading them wrongly would be counter productive.

6.Gaayathri japam is on 8-8-2017 for Yajur, Rig and Sama Vedis and Gayathri japa Manthras are given separately.

Appendix Brahma Yagnam.

Perform Achamanam

Face eastern direction and do “Shuklam baradaram....” Followed by pranayamam “om Bhoo...”

Mamopatha samastha duritha kshya dwara sri Parameshwara preethyartham Brahma Yagnam karishye. Brahma yagnena Yakshye.

Chant and clean the hands with water

Vidhyudasi paapmanam vidhya me paapmanam amruthath Sathya mupaime

And then chant

Om Bhooo tatsa vithurvarenyam

Om Bhuva Bhargo devasya Dheemahi

Ogum suva Dhiyo yona prachodayath

Om Bhooo Tatsa vithurvarenyam Bhargo devasya dheemahi

Om Bhuva Dhiyo yona prachodayath

Ogum Suva Tatsa vithurvarenyam Bhargo devasya Dheemahi Dhiyo yona prachothayath

Chant Vedic manthras

Om Agnimeele purohitham Yagnasya Dheva mruthvijam, hotharam Rathna Dhathamam hari om

Om Atha Maha vrutham yesha bandhaa, yethath karma adatha samhithaya Upanishad-vidhamaga
nvitha kathum maha vruthasya pancha vimsathi sami dhenya agnir vai devanaam avamo
Vishnu

Adhaithasya samnayasya vidhano yo gapthim vakshyama ukthani vaidhanikani gruhyani
vakshyama

Yadheendrathou dasarajne manusham vyapakaa hathaa idham janaa upasruthaa naraasamasas
thavishyathe

AAdhyam purushameesaanam Yogeewaram Yajnavalkyam namo hiranyagarbhaya haraye
samkarayacha mayarasathajabha nalaga sammitham

Adha seekshaam pravakshyami om gau gma jma kshma adatho dharmajijnasa,

Then repeat three times

Om Namo Bruhathe Karomui

Hari om Ishe Tworje Thwa vayavasthapayavastha Devo vassavitha prarpayathu sreshtathamaya
karmane-Hari Om

Hari Om Agna Aayahi veethaye grunano havypadathaye, ni hotha sadhsi bharhishi Hari Om

Hari Om sanno devirabheeshtaya Aapo peethaye sam yorabhisravanthu na Hari Om

After this recite if possible vedic manthras that you know like Rudram, Chamakam etc

Sprinkle water round the head by reciting

Om Bhoorbuvassurom Sathyam Thapa sradhayam juhomi

Recite three times with folded hands

Om namo brahmane namosthwagnaye nama pruthwyai nama oshadheebhya namo vaache namo
vaachaspatahaye namo vishnave bruhathe karomi.

8.Clean the hands again with water by reciting “vrushtirasi vruschame paapmanamamruthath
sathyamupaaga”

Do aachamanam

Chant “shuklam baradaram...”

Do Pranayamam, “om Bhoo...”

Mamopatha samastha duritha kshaya dwara sri parameshwra preethyartham deva-rishi-pithru
tharpanam karishye.

Touch water and clean your hands

Do deva tharpanam through the tip of fingers

1.prajapathis tripyathu

- 2.Brahma trupyathu
- 3.Vedas trupyanthu
- 4,Devadas trupyanthu
- 5.Rishyastrupyanthu
- 6.SArvani chandamsi trupyanthu
- 7.Omkaras trupyanthu
- 8.Vashatkara trupyathu
- 9.Vyahrutha trupyanthu
- 10.Savithri strupyathu
- 11.yajnastrupyanthu
- 12.Dhyavaa pruthvi trupyethaam
- 13.Anthareeksham trupyathu
- 14.Ahorathrani trupyanthu
- 15.Sankhyas trupyanthu
- 16.Sidhas trupyanthu
- 17.Saadhyas trupyanthu
- 18,SAmudrastrupyanthu
- 19.Nadhyastrupyanthu
- 20.Gavastrupyanthu
- 21.Krayas trupyanthu
- 22.Kshetra oushadhi vanaspathi Gandharwa apsaras trupyanthu
- 23.nagas trupyanthu
- 24.Vayamsi trupyanthu
- 25.Vayamsi trupyanthu
- 26.Vipras trupyanthu
- 27.Yakshas trupyanthu
- 28.Rakshamsi trupyanthu
- 29.Bhoothani trupyanthu
- 30Yevamanthani trupyanthu

13, Do rishi tharpanam by wearing yagnopaveetha as garland and pouring out water from the liitle finger

1.SAdarsina trupyanthu

2,Madhyamas trupyanthu

3.Krutha samathas trupyanthu

\4.Viswamithra strupyanthu

5.Vama devastrupyanthu

6.Bhardwajas trupyathu

7.Vasishtastrupyathu

8.Prakathas trupyanthu

9.Pavamanas trupyanthu

10.Kshudra sukthas trupyanthu

11,Maha sookthas trupyanthu

14.Only those who have lost their father (others go to step 15)do Pithru tharpanam wearing the yagnopaveetham on the right shoulder pouring water between the thumb. And index finger.

1.Sumanthu Jaimin vaisampayana pails suthrakara bashya BHaratha Mahabharatha dharmacharyas trupyanthu

2.Janandhi Bahavi Gargya Gowthama SAKalya Babravya Mandavya , mandugoyas trupyanthu

3.Gargi vasaknavi Trupyathu

4.Padapss prathitheyi trupyathu

5.Sulabha Maithreyi trupyathu

6.Kaholam tharpayami

7.Kowsheethakam tharpayami

8.Maha kowsheethakam tharpayami

9.Paingam tharpayami

10.Maha Paingam tharpayami

11.Suyajnam tharpayami

12.SAKhyayanam tharpayami

13.Ithreyam tharpayami

14.Mahaithareyam tharpayami

15.Sakalam tharpayami

16.Bashkalam tharpaya,mi

17.Sujatha vakthram tharpayami

18.Oudhavahim tharpayami

19.mahoudhavahim Tharpayami

20.Saujamim tharpayami

21.Saunakam tharpayami

22.Aswalayanam tharpayami

23.Ye cha anye aacharyaa they sarva trupyanthu

Yathra kwachana samsthanaam ,

Kshudthrushno pahatha maathmaanam,

BHoothaanaam trupthaye thoyam

Ithamasthu Yada sukham

24.Pitharam tharpayami

25.Pithamaham tharpayami

Prapithamaham tharpayami

15.Put the yagnopaveetha in the normal fashion

Pour water saying Om That sat Brahmarpanamasthu

And then do aachamanam.

Brahma yagnam(sacrifice to Brahma) is the oblation offered to satisfy Devas, Rishis(sages) and Pithrus(ancestors). It is supposed to be performed daily after Madhyannikam, But nowadays it is done mainly on avani avittam days.

* Taken from book on Sandhya Vandhana Bhashyam published by Ramakrishna mutt. Mylapore, Chennai, and Yajur upa karma prayoga published by R.S.Vadhyar , Kalapathy. Transliteration done by P.R.Ramachander

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